Affirmation credit Sheri Silk

1. TAKE RESPONSIBILITY TO STAY ENCOURAGED

The road to maturity is one from dependence to independence and interdependence. This means that we must become powerful people who understand that courage is meant to be exchanged in a reciprocal relationship in which we give as well as receive, not a relationship in which we expect outside forces to keep us moving toward our goals. Staying encouraged is first and foremost our responsibility.

2. SEEK FEEDBACK AND REFUSE TO BE OFFENDED

Powerful people surround themselves with people who speak the truth and call them on our stuff, and they do it because they recognize that courage comes from honest feedback.

3. PRACTICE ENCOURAGING OTHERS

Everyone in our lives is facing challenges and needs to overcome obstacles to grow and achieve their dreams and callings. Many of them are struggling with discouragement. We have the privilege of calling out the gold in them just as we need them to do for us. Offering encouraging feedback is just as much our responsibility as receiving it.

4. ENCOURAGE YOURSELF IN THE LORD

I've watched my husband Danny be an encourager to so many people around the globe. For someone who didn't have a father in the house after age 6, that is quite an accomplishment. I've often wondered how he's done it. The only possible answer is that he had to learn to get encouragement from another source. One obvious source friends and leaders who have spoken courage over him. But even more importantly, he has learned to access the ultimate source of courage no matter who may or not be available to encourage him.



${\sharp 2}$ Positive Action words

Seek
Courage
Recognize
Listen-See-Truth

Negative Action Words

offended victim

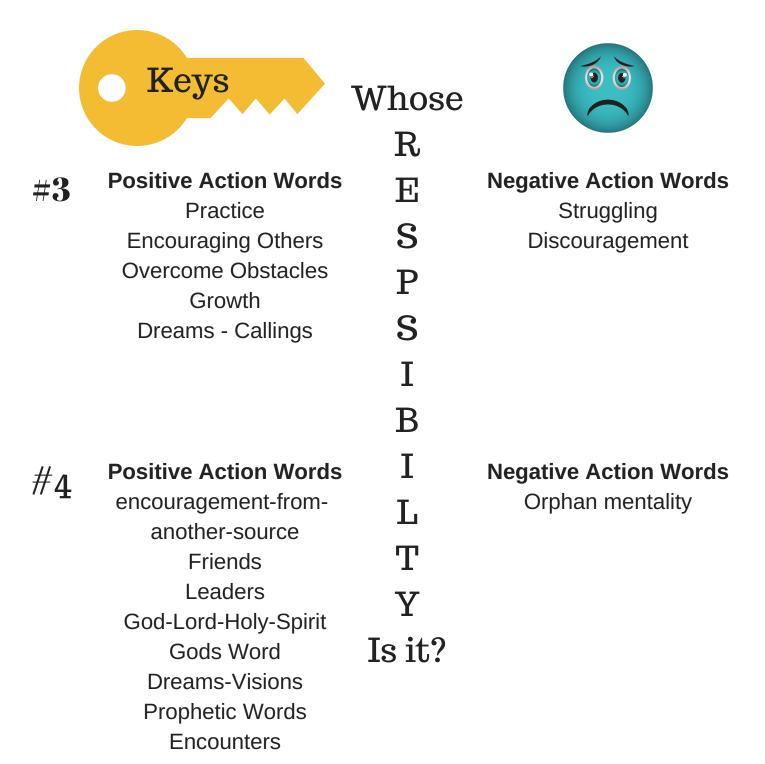
FEEDBACK definition:

A. evaluative information derived from such a reaction or response

B. *Psychology*. knowledge of the results of any behavior, considered as influencing or modifying further performance

Powerful People

surround themselves with people who speak the truth and call them **on our stuff**. they do it because they recognize that courage comes from honest feedback



ENCOURAGEMENT